Why get the vaccine?



The vaccine will make your body stronger to fight COVID.

You cannot get COVID from the vaccine.



A vaccine is prevention. It protects you from getting sick.



You get a vaccine by getting a shot in your arm from a health care provider.



What to expect



Everyone will be observed for 15–30 minutes after vaccination. Your vaccine provider will want to make sure you're feeling okay.



For the Pfizer and Moderna vaccines, you will need to get two shots. You get the second shot 3 or 4 weeks after you get the first one. It is important for you to get both shots for the vaccine to work.



The Johnson & Johnson vaccine requires only one shot.

You will be informed which vaccine you receive and what follow-up, if any, you need to have. You are considered fully vaccinated 2 weeks after you get your final vaccine.

After you get the shot



Your arm may be sore where you got the shot.



You may feel tired



Have a headache



Fever or Chills (less common)

This doesn't mean you are sick. It means the vaccine is working to keep your body healthy.

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The vaccine is safe and free for everyone



All three authorized vaccines are safe. The vaccines have been tested to make sure they are safe and effective.

The vaccine does not change your DNA and does not contain any animal materials.

The Johnson & Johnson vaccine uses a virus that makes us develop immunity to COVID-19. Producing this vaccine virus requires the use of cells grown in laboratories from cells taken from fetal tissue many years ago. The vaccine does not contain fetal cells.

COVID-19 vaccines don't contain a microchip to track people. Vaccine shipping boxes are tracked, as any other shipment, to make sure they're distributed where needed and to prevent theft. There is also a record of where you got your vaccine to make sure you get all your doses.



The vaccine is free for everyone in Oregon. You will not be charged for the appointment or the vaccine.

Everyone in Oregon who is eligible can get the vaccine and it will not affect your immigration status.

Do I need proof of eligibility or identification?



You do **NOT** need to bring proof of eligibility or identification. Vaccine providers may ask you if you live in Oregon or what kind of work you do.

You do NOT need a social security number.

You do NOT need health insurance.

For more information

Go to <u>covidvaccine.oregon.gov</u> (English) or <u>vacunacovid.oregon.gov</u> (Spanish). Call 211 for additional languages. 211 is the state's COVID-19 vaccine hotline. Call volumes may be higher than normal.

Get Vaccinated Oregon

https://getvaccinated.oregon.gov/#/

Text ORCOVID to 898211 (English and Spanish only)

Email ORCOVID@211info.org (language assistance available).

Call 211, toll free 1-866-698-6155, 711 TTY (open from 6 a.m. to 7 p.m. daily, including holidays).



Document accessibility: For individuals with disabilities or individuals who speak a language other than English, OHA can provide information in alternate formats such as translations, large print, or braille. Contact the Health Information Center at 1-971-673-2411, 711 TTY or covid19.languageAccess@dhsoha.state.or.us.

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